



Girls on the Run[®]

of Ottawa and Allegan Counties



Forest Grove Elementary Practice Schedule

Lesson	Monday/Wednesday
TIME	3:45-5:15 pm
1	W-3/15
2	M-3/20
3	W-3/22
4	M-3/27
5	W-3/29
6	M-4/10
7	W-4/12
8	M-4/17
9	W-4/19
10	M-4/24
11	W-4/26
12	M-5/1
13	W-5/3
14	M-5/8
15	W-5/10
16	M-5/15
17	W-5/17
18	M-5/22
19	W-5/24
20	W-5/31
5K	Friday, June 2
21*	M-6/5

If school is cancelled due to weather or any other issue, practice will be cancelled as well. Please check with your coach if you are unsure if practice will be held.