



# Girls on the Run<sup>®</sup>

of Ottawa and Allegan Counties



## Holland East Elementary Practice Schedule

| Lesson      | Monday/Wednesday        |
|-------------|-------------------------|
| <b>TIME</b> | 3:15-4:45 pm            |
| 1           | M-3/13                  |
| 2           | W-3/15                  |
| 3           | M-3/20                  |
| 4           | W-3/22                  |
| 5           | M-3/27                  |
| 6           | W-3/29                  |
| 7           | M-4/10                  |
| 8           | W-4/12                  |
| 9           | M-4/17                  |
| 10          | W-4/19                  |
| 11          | M-4/24                  |
| 12          | W-4/26                  |
| 13          | M-5/1                   |
| 14          | W-5/3                   |
| 15          | M-5/8                   |
| 16          | M-5/15                  |
| 17          | W-5/17                  |
| 18          | M-5/22                  |
| 19          | W-5/24                  |
| 20          | W-5/31                  |
| <b>5K</b>   | <b>Saturday, June 3</b> |
| 21*         | M-6/5                   |

\*\*If school is cancelled due to weather or any other issue, practice will be cancelled as well. Please check with your coach if you are unsure if practice will be held.\*\*