



Girls on the Run[®]

of Ottawa and Allegan Counties



Holland West Practice Schedule

Lesson	Tuesday/Thursday
TIME	3:15-4:45 PM
1	T-3/14
2	T-3/21
3	TH-3/23
4	T-3/28
5	TH-3/30
6	T-4/11
7	TH-4/13
8	T-4/18
9	TH-4/20
10	T-4/25
11	TH-4/27
12	T-5/2
13	TH-5/4
14	T-5/9
15	T-5/16
16	TH-5/18
17	T-5/23
18	TH-5/25
19	T-5/30
20	TH-6/1
5K	Saturday, June 3
21*	T-6/6

If school is cancelled due to weather or any other issue, practice will be cancelled as well. Please check with your coach if you are unsure if practice will be held.