



# Girls on the Run<sup>®</sup>

of Ottawa and Allegan Counties



## Jeffers Elementary Practice Schedule

Lesson	Monday/Friday
<b>TIME</b>	3:35-5:05 PM
1	M-3/6
2	M-3/13
3	F-3/17
4	M-3/20
5	F-3/24
6	M-3/27
7	M-4/10
8	F-4/14
9	M-4/17
10	F-4/21
11	M-4/24
12	F-4/28
13	M-5/1
14	F-5/5
15	M-5/8
16	F-5/12
17	M-5/15
18	F-5/19
19	M-5/22
20	F-5/26
<b>5K</b>	<b>Friday, June 2</b>
21*	M-6/5

\*\*If school is cancelled due to weather or any other issue, practice will be cancelled as well. Please check with your coach if you are unsure if practice will be held.\*\*