



# Girls on the Run<sup>®</sup>

of Ottawa and Allegan Counties



## Roosevelt/Z Quest Practice Schedule

Lesson	Monday/Wednesday
<b>TIME</b>	3:45-5:15 PM
1	M-3/13
2	W-3/15
3	M-3/20
4	W-3/22
5	M-3/27
6	W-3/29
7	M-4/10
8	W-4/12
9	M-4/17
10	W-4/19
11	M-4/24
12	W-4/26
13	M-5/1
14	W-5/3
15	M-5/8
16	M-5/15
17	W-5/17
18	M-5/22
19	W-5/24
20	W-5/31
<b>5K</b>	<b>Saturday, June 3</b>
21*	M-6/5

\*\*If school is cancelled due to weather or any other issue, practice will be cancelled as well. Please check with your coach if you are unsure if practice will be held.\*\*