



Girls on the Run[®]

of Ottawa and Allegan Counties



Rose Park Practice Schedule

Lesson	Monday/Wednesday
TIME	3:25-4:55 PM
1	M-3/13
2	W-3/15
3	M-3/20
4	W-3/22
5	M-3/27
6	W-3/29
7	M-4/10
8	W-4/12
9	M-4/17
10	W-4/19
11	M-4/24
12	W-4/26
13	M-5/1
14	W-5/3
15	M-5/8
16	M-5/15
17	W-5/17
18	M-5/22
19	W-5/24
20	W-5/31
5K	Saturday, June 3
21*	N/A

Lesson	Tuesday/Thursday
TIME	3:25-4:55 PM
1	TH-3/16
2	T-3/21
3	TH-3/23
4	T-3/28
5	TH-3/30
6	T-4/11
7	TH-4/13
8	T-4/18
9	TH-4/20
10	T-4/25
11	TH-4/27
12	T-5/2
13	TH-5/4
14	T-5/9
15	T-5/16
16	TH-5/18
17	T-5/23
18	TH-5/25
19	T-5/30
20	TH-6/1
5K	Saturday, June 3
21*	N/A

If school is cancelled due to weather or any other issue, practice will be cancelled as well. Please check with your coach if you are unsure if practice will be held.